

FREE!

UCSD PAL PROGRAM PRESENTS:

# Wellbeing and Social-Emotional Learning for Yourself, Your Classroom, and Your School Community

**P-12 educators are invited to participate in a 3-session interactive Zoom workshop geared toward supporting the wellbeing of your students, your school community, and, most importantly, yourself.**

You will learn and practice hands-on activities that you can apply directly to your classroom, including social-emotional learning (SEL) strategies grounded in social justice pedagogy. You will also gain the support of other teachers through small circle dialogue groups led by a team of experienced educators and practitioners who care deeply about educators and the education profession.

**3:30PM-5:00PM PST**

**APRIL 15TH**

**MAY 13TH**

**JUNE 3RD**



Register [here](#) to secure your spot.



Questions? Email Dr. Amy Bintliff: [abintliff@ucsd.edu](mailto:abintliff@ucsd.edu)